

The Indivisibility of Wholeness

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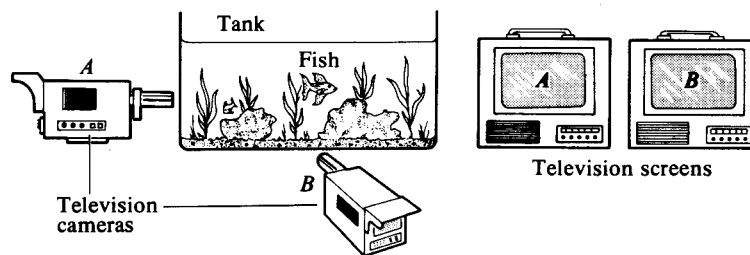
November 2024

By stimulating Self-reflective Intelligence, I experience Ultimate Reality as indivisible, an understanding that has emerged in consciousness through a synthesis of Carl Gustav Jung's healing process of individuation and David Bohm's theory of the Implicate Order. This awakened and liberated sense of Wholeness has been further assisted by the universal principle that *Consciousness is all there is*, which Ramesh S. Balsekar, an Advaita sage and former President of the Bank of India, articulated in *Consciousness Speaks*.

First, Jung arrived at the central concept of his psychotherapeutic practice in the 1920s through his studies of Daoism and alchemy, inspired by their emphasis on unifying opposites in Wholeness. Then in *The Integration of the Personality* in 1939, Jung wrote in English, "I use the term 'individuation' to denote the process by which a person becomes a psychological 'in-dividual', that is, a separate, indivisible unity or 'whole'." For *individual* derives from Latin *individuus* 'indivisible', from *in-* 'not' and *dividēre* 'to divide up', quite a different meaning from *individuality*, which is based on a deluded separate existence.

Secondly, in 1980, to help heal our fragmented minds and society, Bohm was inspired by the process philosophies of Heraclitus and A. N. Whitehead to visualize an undivided flowing movement underlying the Cosmos, which he called the holomovement or holoflux, whose substance is never the same. As he said in *Wholeness and the Implicate Order*, "On this stream, one may see an ever-changing pattern of vortices, ripples, waves, splashes, etc., which evidently have no independent existence as such. Rather, they are abstracted from the flowing movement, arising and vanishing in the total process of the flow."

To reconcile the incompatibilities between relativity and quantum theories, Bohm likened these two perspectives to two cameras viewing the one underlying reality, displayed on two television screens:



These TV screens display what physicists see through the theories of relativity and quantum mechanics, which Bohm said should really be called 'quantum *non*-mechanics'. For these viewpoints have opposite attributes, the former having the properties of continuity, causality, and locality, with the latter being characterized by noncontinuity, noncausality, and nonlocality.

But what is the fish to make of all this? Well, the Sufi poet Kabir wrote in the fifteenth century, "I laugh when I hear that the fish in the water is thirsty," using water as a metaphor for Consciousness, which embraces all our lives, not space and time, as is widely believed. Kabir highlights our ignorance by saying, "You do not see that the Real is in your home, and you wander from forest to forest listlessly."

The reason why such Self-realization is of central importance at the present time is that humankind is not immortal. One day, a generation of children will be born who will not grow old enough to have children of their own. *Homo sapiens* 'wise human' will have become extinct, along with countless other species. When I first saw this inevitability in 1982, when my two children were still preteens, I thought that humanity could

thrive and survive for a few more generations, until the 2200s at least. But since meeting Guy McPherson for lunch in Oslo in December 2017, I have realized that I have been far too optimistic.

With the accelerating pace of irreversible global heating, Guy, Emeritus Professor of Natural Resources at the University of Arizona, tells us that it is highly improbable that the habitat we need to provide us with food will last for more than another decade or three. The scientific evidence for this prognosis is undeniable to those who are willing to look at it, which comparatively few are. For Guy's YouTube channel Nature Bats Last has just 20,000 subscribers following his impeccable scholarly research, which he presents through the motto 'Our days are numbered. Passionately pursue a life of excellence.'

So, as we humans are interconnected with each other and all other beings, is there anything that we could do to support each other at these turbulent end times we live in? For myself, to explore this possibility, the creative power of Life, emanating from our Divine Source, like an effervescent fountain, is guiding me to write this short article on my life's healing practices.

At their heart is the fundamental law of the Universe, which I call the *Principle of Unity*, which simply states, *Wholeness is the union of all opposites*. I also express this irrefutable, universal truth as the *Cosmic Equation or Identity*, which unifies West and East in a synthesis of mathematics, logic, and mysticism:

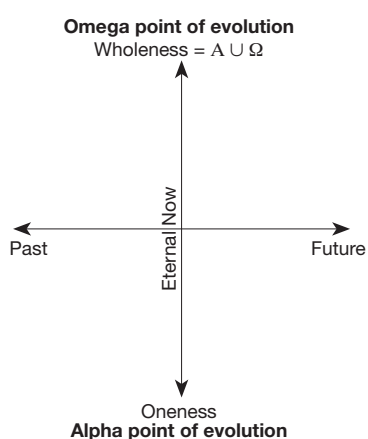
$$W = A = A \cup \neg A = \text{陰陽} = \text{道} = \text{ॐ}$$

Here W is any whole, including Wholeness, A is any being, including the Supreme Being and all human beings, \cup is union, and \neg is not. The pair of Chinese characters denote *yin* and *yang*, as inseparable dark and light, moon and sun, female and male, etc., unified in the symbols for the *Dao* and *OM* or *AUM*, the union of *Brahman* and *Atman*, as God and human, in the *Mandukya Upanishad*, at the heart of Nonduality.

Jung was another who sought to unify East and West, writing in his *Commentary* to Richard Wilhelm's translation of *The Secret of the Golden Flower*, "The Chinese have never failed to recognize the paradoxes and the polarity inherent in all life. The opposites always balance on the scales—a sign of high culture. One-sidedness, though it lends momentum, is a mark of barbarism."

In an interview in a BBC 'Face to Face' interview with John Freeman in 1959, Jung described how his healing process of individuation had liberated him from his one-sided cultural conditioning. First, Freeman asked Jung whether he believed in God when being brought up in the Swiss Reformed Church. Jung replied, "Oh, yes." Freeman then asked, "Do you now believe in God?", to which Jung replied, "Now? [Pause] Difficult to answer. I know. I don't need to believe. I know."

Such inner knowing of the Divine is Gnosis, from the Greek *gnosis* 'knowledge, wisdom', cognate with both *know* in English and *Jñāna* in Sanskrit, meaning 'spiritual wisdom and illumination, inner knowing of Ultimate Reality'. This blissful, ineffable experience has led me to extend Bohm's one-dimensional holo-flux to the multidimensional Ocean of Consciousness, which Romain Rolland wrote to Sigmund Freud about in 1927, much inspired by his studies of the lives and works of Rāmakrishna and Vivekānanda.



Invoking the Cosmic Identity, what this means is that we humans have two inseparable identities, first a Divine Identity, in union with the Immortal Ground of Being, and secondly a human identity, denoted with a name and social security number. This primary-secondary relationship has also enabled me to turn the horizontal dimension of time into the vertical, depicted here. For, as we rapidly approach the extinction of our species, the only thing that really matters is to live fully in the Eternal Now, knowing that past and future are illusory abstractions from Consciousness. We then also know that Love is the Divine Essence we all share. For, in the beautiful words of the Sufi poet Rumi, "Love is the sea of not-being and there intellect drowns."